**INFORMATION REQUIRED BY CHILD SAFETY IN CONSIDERING HIGH RISK ACTIVITIES**

*Below are the questions that CSO’s are required to answer when requesting approval for high risk activities*

**Abseiling**

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| What are the potential hazards and risks of activity | Fall before attachment to safety ropes - fall from heightFall while attached to safety ropes – bumps and scrapesThrowing rocks of cliff edge – rocks hitting other peopleAnxiety/PTS/trauma based behaviours – reinforcing dysfunctional responses to stressHeat - dehydrationInsects and animal bites – snake venom to itchiness |
| What is the name and contact details of the organisation providing the activity (eg school/agency/activity centre)? | Youth Flourish Outdoors Ltd, Level 13, 50 Cavill Ave, Surfers Paradise, ph: 1300 803 701 |
| If known, what are the credentials of the organisation (eg member of professional agency/board/federation)? | Member:Australian Assoc for Bush Adventure TherapyQld Outdoor Recreation FederationInternational Assoc for Youth Mental Health (pending)Commercial operator permit with Dept Natural Resources if required for the chosen site |
| What will be the level of supervision offered to the child/young person (eg. how many participants per supervisor/full supervision/unsupervised)? | Ratio 1:3 is maximum |
| Does the supervisor have appropriate qualifications to supervise this activity? | Yes.Outdoor recreation specialisations from Sport and Rec, Outdoor Rec competency standards. Youth work skills from Community Services competency standards and/or undergraduate degree in related field.Current First Aid qualificationsProgram Director: Graham Pringle; MA (Outdoor Ed), G Dip Soc Sci (Psych), Dip Ed (Secondary), C IV Adventure Based Youth Work, and Training and Assessment. |
| Is any special equipment required for the child/young person to undertake this activity safely (eg. helmet, mouth guard, etc)? | Yes.Helmet, harness, descenders, static and dynamic ropes, belay devices, gloves |
| Who will supply this safety equipment (eg. the department/school/organisation)? | Youth Flourish Outdoors Ltd |
| Is this activity suitable for the child/young person, given his/her age, developmental level and experience?  | Yes.Attachment needs met by presence of familiar youth worker or young person assessed as independently self regulating.Must be physically able to participateActivity will be pitched to meet young persons ability to cope with stress and progressed to remain within Zone of Proximal Development |
| Is participation in this activity supportive of any specific needs of the child or young person as identified in his/her case plan? *(Child Safety case plan – electronic copy kept in Child Files/YP folder/Referral section/Dept Case Plan)* | Activity will enable the young person:to cope with anxiety and stressto re-orient schemasto develop self knowledge and physical skillsto enhance esteem |
| What are the insurance provisions of the organisation in the event of an accident? | Youth Flourish Outdoors Ltd has public liability, professional and management insurances. They require a thorough medical and trauma focussed psychological referralThey provide detailed consent informationThey have detailed risk management processes for the activity, environment, group management and individual trauma history |
| What are the views of the child or young person? |  |
| Why is it in the best interests of the child or young person to participate in this activity? | The young person will not be forced or coerced into abseiling. Emotional and physical safety is paramount.The young person will learn about and improve their responses to stressThey will engage successfully with a social group, developing social skills when dealing with potential stressors. The activity is delivered with psycho-education to inform the young person about human response to, and recovery from, traumaThey will enjoy an outdoor activity and environment which is intended to assist in emotional regulation, and to lower their arousal set point.They will develop concentration and physical skills as appropriate to their situationThey will enhance esteem by participating in an activity that is exhilarating and confronting and which will be recognised by self and others as a significant personal achievement. |